

AQUATIC CLASS SCHEDULE

February Aquatic Schedule

Effective 2/4/08-3/1/08



**Check out our new classes!*

Day	Class	Time	Instructor	
Monday	Shallow Aquafit	8:00am-9:00am	Eliane	Shallow
	Arthritis Foundation	9:00am-10:00am	KL	Shallow
	MS Society Aquatics	11:00am-12:00pm	KL	Shallow
Tuesday	Shallow Aquafit	8:00am-9:00am	Eliane	Shallow
	Deep H2O	9:00am-10:00am	Eliane	Deep
	Aqualogix Fitness*	5:30pm-7:00pm	Zach	Deep/Shallow
	Swim Clinic	6:00pm-7:00pm	Christina	Lanes
	Water Polo Nights	6:30pm-8:00pm	Bryce	Deep
Wednesday	Shallow Aquafit	8:00am-9:00am	KL	Shallow
	Arthritis Foundation	9:00am-10:00am	KL	Shallow
	MS Society Aquatics	11:00am-12:00pm	Krista	Shallow
	Beginner Water Polo*	5:30pm-6:30pm	TBD	Deep
Thursday	Shallow Aquafit	8:00am-9:00am	Jane	Shallow
	Deep H2O	9:00am-10:00am	Jane	Deep
	Swim Clinic	6:00pm-7:00pm	Christina	Lanes
	Water Polo Nights	6:30pm-7:30pm	Bryce	Deep
Friday	Shallow Aquafit	8:00am-9:00am	KL	Shallow
	Arthritis Foundation	9:00am-10:00am	KL	Shallow
	MS Society Aquatics	11:00am-12:00pm	KL	Shallow
Saturday	Deep H2O	9:30am-10:30am	Krista	Deep